

Setting up the Worm Bin

Bedding:

Shredded paper

Seaweed

Compost

Cardboard

Chopped Straw

Bedding should be a 3 to 1 ratio of water to bedding

Place moist bedding in bottom of Worm Bin & spread it out evenly

Place the worms on top of the bedding & spread them out evenly

The worms will quickly move into the bedding to escape the light

Bury the garbage in the bedding in a couple of sections of the bedding

Cover with black plastic to retain moisture & keep out light

Maintaining the Worm Bin

Additional garbage should be added to different areas of the Worm Bin

Worms will migrate to the new additions as they consume the old garbage

Keep the Worm Bin moist

Keep the pile loose for air circulation

Harvesting

When there are more castings than bedding

Remove 2/3 of the contents & use it in the garden or potted plants

Add new bedding & garbage & continue the process